

Prescription Surf!

A fully-funded social prescribing project for children aged 8-13, experiencing anxiety, low mood or loneliness

The project offers:

- Trained mentors and coaches support the children at all times
- A personal service contact with family guaranteed within 4 weeks
- Aftercare service for referrers and participants
- Children gain confidence, build social trust and develop new friendships

Simple referral process - just one online form:

waveproject.co.uk/refer

- GPs or link workers can refer
- Form takes 2 minutes to complete





