



# UK SMART Recovery®

ARE COMPULSIVE OR ADDICTIVE BEHAVIOURS  
CAUSING YOU PROBLEMS?

DO YOU THINK YOU ARE DRINKING TOO MUCH?

IS YOUR DRUG USE OUT OF CONTROL?

SMART Recovery runs mutual support meetings where through open and confidential discussion, we help ourselves and each other recover from any kind of addictive behaviour

## YOUR LOCAL MEETING IS HELD AT

### TUESDAY EVENING

7.00 UNTIL 8.30

DAYBREAK CENTRE, TOTNES ROAD,  
PAIGNTON.

### FRIDAY AFTERNOON

2.15 UNTIL 4.30

ENDEAVOUR HOUSE, TORRE.  
TORQUAY

### SPECIAL MEETINGS

WEDNESDAY AFTERNOONS

NOON UNTIL 2.00

T.R.I.P.

CASTLE ROAD, TORQUAY.

CHAIRPERSON : DOUGLAS ANDERSON 07754 446775

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