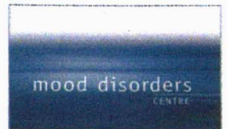


UNIVERSITY OF EXETER  
Mood Disorders Centre



## Armed Forces Veterans!



ARMY



 **ROYAL  
AIR FORCE**

**Were you deployed to a combat zone?**

**Do you want to help inform the future of psychology interventions for Armed Force Veterans?**

If you have answered **yes** to the above questions, we would like to invite you to take part in a research study at the University of Exeter.

**We would like to hear from you if you do, or do not have Post Traumatic Stress.**

(Please note the study will take place in Exeter, Devon).

You will be paid £10 for your participation.

**Researcher contact details:**

**[sg377@exeter.ac.uk](mailto:sg377@exeter.ac.uk) or 07757 245163**

### **What will the study be like?**

A researcher will call you for a brief chat firstly, and you will be able to ask any questions that you might have about the study. If you would like to take part, the researcher will take some of your details such as your name and your age. You will also be asked briefly about your experience in the Armed Forces such as how long you served, the position you held and three brief questions about your deployment experience:

*'As part of your service with the Armed Forces, were you deployed to a combat zone?'*

*'What was your role during this deployment?'*

*'Did your role include patrol in areas of danger or threat to your or others' safety?'*

Following the telephone call, you may be invited to attend a testing session at the University of Exeter, where you will fill out some questionnaires and listen to a recording.

We would like to invite all Armed Forces veterans who have been deployed to a combat zone, to take part in our study. The study is **not** limited to only those suffering from PTSD. You will be paid £10 to help cover your travel expenses.

If you would like to take part please contact Sam on [sg377@exeter.ac.uk](mailto:sg377@exeter.ac.uk) or **07757 245163** with your name and telephone number. You will be contacted by a researcher who can give you more information about the study.

**Taking part in the study is entirely voluntary and will be confidential at all times.** You can stop the study at any time if you decide part way through that you do not want to continue.

NB: This is a research study and not a psychological intervention. Should you be experiencing significant distress you can take part in the study, but it is advisable that you also contact your GP. We would also ask that you refrain from taking drugs or drinking excessive amounts of alcohol 48 hours before the study.

### **Researcher contact details:**

[sg377@exeter.ac.uk](mailto:sg377@exeter.ac.uk) or **07757 245163**