## **SOCIAL ACTIVITIES IN CHUDLEIGH: April 2019**

For Further Information, Wellbeing Support (including End of Life and Dementia) please contact:

## Volunteering in Health 01626 771695

Info@@volunteeringinhealth.co.uk

Based in Teignmouth but providing support across Chudleigh

Religious Faith and House Groups	C of E Church Thursday morning there is a prayer group gathering at the church First Sunday prayer time is held in Chudleigh Church, preceded by breakfast in the Fellowship room at 8am For details of the House Groups see their website	chudleighparishchurch.org.uk/HouseGroups.htm	
Board Games	Saturday evenings, 6-9pm all ages  1 The Square		
U3A	Range of activities and clubs; monthly meeting	membership@chudleighu3a.org.uk	
Citizens Advice Service	1 The Square, Thursdays 9am – 3pm		
Befriending	Volunteering in Health	Volunteering in Health 01626 771695	
Pensioners Club	Talks, quizzes, competitions, social meetings, outings membership is open to all You do not have to be over a certain age Every 2 <sup>nd</sup> Thursday of the month Woodway Room 2.15pm	Joyce 01626 852774	
Memory Café	Bishopsteignton: Third Monday of every month: 10.30am – 12.30pm at the Cockhaven Manor  Teignmouth: Lunch is served following the café, run by Volunteering in Health at the Alice Cross Centre	Co-ordinator 01626 772702 Gill Dunn 01626 771695	
Carer Support Group	Run by Devon Carers at The Cromwell Arms Last Thursday of each Month	Karen Safe 0345 643 4435	
Womens Institute	Held 7.30pm, first Wednesday monthly Rest Centre, Town Hall	Contact via Devon Federation: www.thewi.org.uk/become-a-member	
Ducky Delish	Meals on Wheels – delivery every day	01626 859064	
Lunch Club	Wednesday lunch time, 12.30pm in The Rest Centre, Chudleigh Town Hall	Carole Smart 01626 853787	
Bingo	Every Tuesday Evening, 7pm, Chudleigh Town Hall  Monthly	Daphne James	

			Lynn Kwidinski 07770978502
Transport Home to Health Appointments			Volunteering in Health 01626 771695
Devon Carers			Devon Carers 0345 643 4435
Carer Sitting Service	Volunteering in Health	Charged for - £5/hour	Volunteering in Health 01626 771695
Home Help Service	Paid for Service Housework, help with laundry, ironing, help with paperwork		Assist Teignbridge 01626 889288  Volunteering in Health
Chudleigh History Society	Monthly meetings		01626 771695 Alan Brunton 01626 852714
Sew n Sew	Fridays in The Rest Centre, Town Hall 4-6pm		Suzanne Sanders 01626 854319
Wooly Friends	Knitting, Spinning and Hand Sewing Group  1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays, School Room, Town Hall  6.30 – 9pm		Karen Bushell 07961 809614
Whist Club	Twice Monthly, Town Hall Rest Centre 7.30pm		Tony Jeffs 07540284045
Chudleigh Arts Group	Every Friday, Town Hall Rest Centre 10 – 12.30pm		Michael Clarke 01626 852967