## Do you have bulimia nervosa? Are you female aged 18-60?



We are looking for **female patients with bulimia nervosa** who would be **interested in trying a new treatment**. We are conducting a research study at this hospital to see if a nasal spray containing a well-known drug (naloxone hydrochloride) can help with the symptoms of bulimia nervosa.

Patients taking part in this study will be asked to use the nasal spray for 8 weeks and will need to visit the hospital 4 times for assessments to be made. The study will last up to 12 weeks. Your GP will be kept informed.

You will be given one of two possible treatments; naloxone hydrochloride nasal spray or placebo nasal spray. A placebo contains no active drug. You will have an equal chance of being allocated to one of the two treatments which is decided by a computer.

If you would like more information in complete confidence and without obligation, please contact:

## Amanda Henderson, Research Practitioner

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