

Clinical Research Network South West Peninsula

Patient and Public Involvement and Engagement (PPIE)

Supporting Your Practice

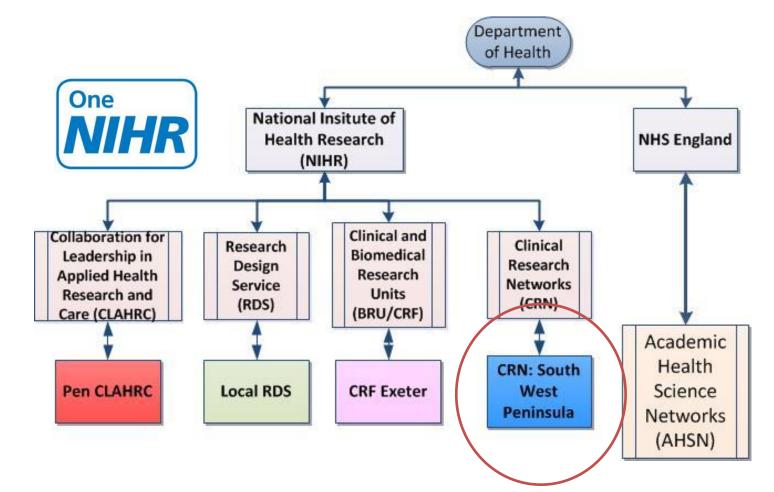
Ana Juett – PPIE Officer Tania Crabb–Research Associate



Delivering clinical research to make patients, and the NHS, better

NHS National Institute for Health Research

Our Family Tree:



National

Regional



Our Family:

The Clinical Support Team (CST) helps make research happen in primary, community and secondary health care settings.

Sara McNamara Senior Research Nurse

Bernadette Coles Research Practitioner



Lorraine Underwood Research Associate

Maria Greenaway Assistant Research Associate





Joy Wylie Senior RDM Cluster 5



Tricia Holloway Senior Research Associate



Tania Crabb Research Associate



Cate Atkins Assistant Research Associate

The Role of the Research Associate:-

- Supporting the development of **new, local research projects**
 - ✓ Study Support Service to help with funding and setting up new studies
- Making the **research right for the practice**
 - ✓ Find out the running costs
 - ✓ Work out where the study would work best
- Helping the practice become **research active**
 - ✓ Support practice to be able to put themselves forward
 - ✓ Help train and support staff
 - ✓ Troubleshoot
 - ✓ Help with Notes reviews in accordance with data protection



Why GP Practices are important for research:-

- Most people in England are registered with a GP
- Electronic records can contain helpful information on prescribing, referrals, admissions, demographics, use of other services etc
- GPs are already required to collect data so the quality of this data is usually high
- GPs have expertise and knowledge to identify suitable patients for a research study
- On average a GP practice has about 7200 patients on its list
- That means that in a practice with an average list size we would expect around :



- 5% patients with diabetes
- 3% patients with coronary heart disease
- 2% patients with Chronic Obstructive Pulmonary Disease
- 6% patients with asthma
- 2% patients with stroke or transient ischaemic attack
- 3% patients with chronic kidney disease



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- On average a GP practice has about 7200 patients on its list
- That means that in a practice with an average list size we would expect around :



- 5% patients with diabetes 360
- 3% patients with coronary heart disease 216
- 2% patients with Chronic Obstructive Pulmonary Disease 144
- 6% patients with asthma 432
- 2% patients with stroke or transient ischaemic attack 144
- 3% patients with chronic kidney disease **216**



Some research at this practice:

- **CANDID** cancer diagnosis decision rules
- **Garfield** treatment of atrial fibrillation in general practice
- **HEAT** investigating the links between bacteria and stomach ulcers
- Early Arthritis –Identifying Anti-CCP antibodies in the blood for early diagnosis of Rheumatoid Arthritis
- TWICS examines the effectiveness of low dose oral theophylline in addition to inhaled corticosteroids in preventing the worsening of COPD
- TIME looks at Treatment in Morning versus Evening (hypertensive therapy)





Defining Patient Public Involvement

"research being carried out 'with' or 'by' members of the public rather than 'to', 'about' or 'for' them."



"patients, potential patients, carers and people who use health and social care services as well as people from organisations that represent people who use services"

Why is 'involvement' important?

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"No matter how complicated the research, or how brilliant the researcher, patients and the public always offer unique, invaluable insights. Their advice when designing, implementing and evaluating research invariably **makes studies more effective, more credible and often more cost effective**."

Dame Sally Davies Chief Medical Officer for England



How does patient involvement work in research?



Patient Involvement in the Research Process

- Formulating questions, informing the development of the protocol, ensuring patient friendly consent forms
- Member of an ethics committee, part of the research team on a steering group, part of a group to check the work we do
- Study 'walkthrough', patient ambassadors, supporting better communications
- Analysis
- Promoting conversations about research

Getting involved nationally:



Evaluation, Trials and Studies

You are here: Home > Everyday Health Matters



Everyday Health Matters

Most of the time, ill health is not a headline-grabbing matter of life and death.

Everyday problems like acne, bladder weakness or recurrent ear infections can seriously affect quality of life. NIHR research provides evidence on how to treat conditions that might otherwise be overlooked so that the NHS can take better care of our everyday health worries. Find out below what we've done, what we're doing, and how to tell us what you think we should do next.

Tweet Share Email











What should the NIHR research next? K

Suggest a topic online



Have your say...

Sign up as a reviewer



Inspirational life stories

Sore

throat

surgery





Search for 'Everyday Health Matters'

http://www.nets.nihr.ac.u k/everyday-healthmatters?utm_campaign=C onnect+lssue+67&utm so urce=emailCampaign&ut m medium=email&utm c ontent

PPIE as a CRN activity

Incentivised

dental care

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Patient Experience

anything supportive problems confidence like understanding involved always any MM ask condition information experience extra any MM ask condition information experience extra trial really professional hospital consultant Having excellent reassurance each each well kept able into these part needed informative each well kept able put just kind visit whole caring first feel every support put just kind visit whole caring first feel every support invite tovely study time doctors Dr times results everyone divisit feel take treatment understand informed most anwered much fell take treatment understand appointment explained friendliness explained the feel take treatment where after thank friendliness explained the feel take treatment were comfortable

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Patient Voice

Faringdon patient group scoops national award for research project

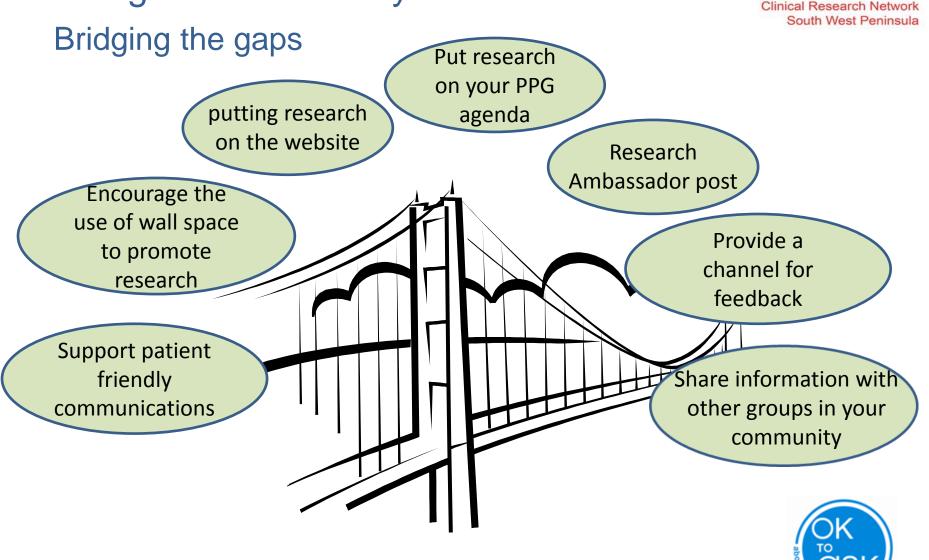
1st March 2016



Working with GP practices, Patient Participation Groups and the National Association of Patient Participation



Getting involved locally:





Evidence supporting patient involvement:

Taking Stock of the evidence base for the impact of public involvement in research – **INVOLVE**

www.invo.org.uk/posttypepublication/taking-stockof-the-evidence-base-for-the-impact-of-publicinvolvement-in-research1an-invonet-round-tablediscussion

ReseArch with Patient and Public invOlvement: a RealisT Evaluation (RAPPORT)

www.rcn.org.uk/ data/assets/pdf_file/0006/511449 /Research2013We17.pdf

Signposting

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National

National Institute for Health Research Clinical Research Network <u>www.crncc.nihr.ac.uk</u>

INVOLVE www.invo.org.uk

National Association of Patient Participation www.napp.org.uk/

People in Research www.peopleinresearch.org

NHS Choices www.nhs.uk/links

Regional

CRNSWP <u>Ana.juett@nhs.net</u> www.crn.nihr.ac.uk/swpeninsula

PenCLAHRC <u>K.J.Harden@exeter.ac.uk</u> www.clahrc-peninsula.nihr.ac.uk/

RDS

Julie.hapeshi@glos.nhs.uk www.rds-sw.nihr.ac.uk/ppi.htm

CRF/Peninsula Research Bank <u>crf@exeter.ac.uk</u> www.exeter.crf.nihr.ac.uk

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