

## CARERS WEEK 2016

BUILDING CARER FRIENDLY COMMUNITIES



## CARERS INFORMATION MARKET



## THURSDAY 9TH JUNE - EXETER - THE CORN EXCHANGE

MARKET STREET, EX1 1BW
PLEASE DROP IN BETWEEN 10:00AM – 3:00PM - FREE ENTRY

- MEET A RANGE OF LOCAL COMMUNITY ORGANISATIONS •
- BROWSE THE STANDS AND GATHER INFORMATION TO HELP YOU IN YOUR EVERYDAY LIFE AS A CARER CHAT TO OTHER CARERS
  - MEET THE DEVON CARERS STAFF CARERS CAFÉ •



"The carers in my peer support group shared a lot of information and I realised that I could access more support for my wife" - Gordon "Access to information is so important for carers – it may be the key to a better life-style"

Lesley Willmott, Devon Carers

## MARKET STANDS TO INCLUDE\*;

- INFORMATION FROM LOCAL COMMUNITY ORGANISATIONS •
- ARTS AND CRAFTS MUSIC HEALTH AND WELLBEING CHECKS •
- FIRE SAFETY CHECKS DEVON CARERS DEVON COUNTY COUNCIL
  - COMPLIMENTARY THERAPIES CAKES •

\*SUBJECT TO CHANGE



CONTACT LESLEY WILLMOTT AT DEVON CARERS FOR MORE INFORMATION 
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