

***We hope our patients can be reassured that as a research active practice we are forward thinking and strive to do our best for them.***

## Research helps us find evidence-supported answers

*“It is in everyone’s  
interest to support  
and achieve advances  
in health care.”*

Tim Charlesworth,  
Parkinson’s research  
participant



to improve treatments and quality of life for patients  
now and in the future

# Clinical research can focus on

- **Promoting a healthier lifestyle**
- **Disease prevention**
- **Disease diagnosis**
- **Treatment of common ailments**
- **Management of long term health conditions**

*"Being a study participant switched from a passive stance to an active one and the research was like a lighthouse in a confused sea."*

Peter Stamp,  
South West diabetes  
research participant



Taking part in research can be **Empowering**



*“By taking part  
in research  
studies I know  
my condition is  
monitored very  
closely which  
gives me peace  
of mind.”*

Chrissie Mortimer,  
Research participant



**Taking part in research can be Reassuring**

*“It feels good knowing this research has the potential to benefit others, particularly children, in the future.”*

Stephen Underwood,  
Research participant



Taking part in research can be **Rewarding**





*"Taking part in health research is my way of saying thank you - giving back to the NHS which has looked after me so well all my life."*

**Anne Walsh-Waring,  
Renal research participant**

**Over 21,300 people took part in clinical health research studies in the South West (2015-16)**



**We would love to know if you or someone you care for would be interested in supporting health research at this practice.**